

GET AN ALLOTMENT

THE BENEFITS:

- Available to everyone, regardless of age or ability.
- A great sense of satisfaction knowing your crops are fresh, full of vitamins and free from additives.
- Improving your physical and mental well-being
- Activity for the whole family
- Fresh air and exercise
- New friends
- The opportunity to grow organically
- Fewer "Food Miles"
- The achievement of growing your own food

FURTHER INFORMATION

For further information, including maps, and a guide to getting an allotment, visit our website:

www.harrowinleaf.org.uk

e-mail Harrow in LEAF on:

info@harrowinleaf.org.uk

To speak to one of our volunteers, call:

020 8907 0188

The Allotments are managed by Harrow Council. To become an allotment tenant telephone the Council on:

0208 901 2605

or contact them by e-mail on:

allotments.allotments@harrow.gov.uk

Harrow in LEAF

BE PART OF THE ALLOTMENT REVIVAL

**FORMED IN 1998 TO PROTECT
HARROW'S OPEN SPACES**

Harrow in LEAF is a federation of local horticultural, allotment, beekeeping and park user groups

Registered Charity No 1108144

Harrow in LEAF

A federation of allotment and horticultural groups that aims to encourage allotment use and horticulture in Harrow.

Who are Harrow in LEAF?

The threat of building on allotment sites in Harrow led a group of allotment holders to get together to discuss ways of increasing allotment uptake, and thus, in 1998, Harrow in LEAF was formed. We developed a network of contacts from allotment sites and formed a committee of representatives from interested groups. Our membership has grown to include allotment and horticultural associations, park users and beekeepers, as well as individuals interested in gardening.

With the help of grant funding, we were able to provide secure tool storage, cultivation equipment and toilets on some of Harrow's allotment sites, and raised beds and a toilet for disabled allotment holders.

A building was donated, which became the Harrow in LEAF Headquarters. Now located at the far end of West Harrow Allotments, it provides a pleasant setting for many of our activities and events. The building and its facilities are also available for hire by community groups.

At the LEAF Headquarters

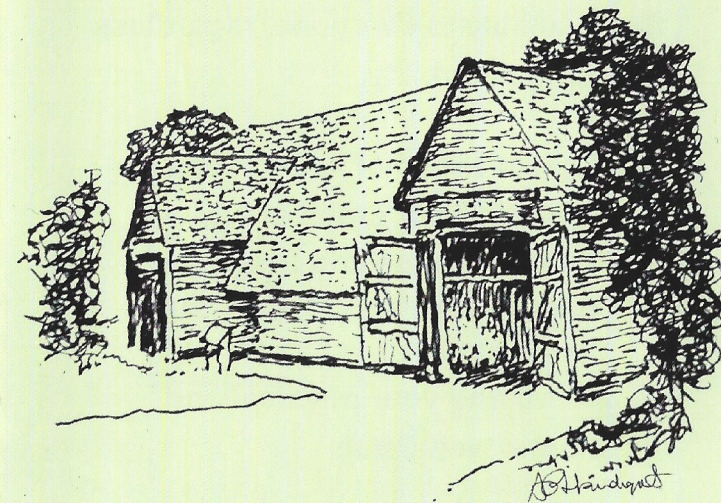
At our headquarters we hold annual events, such as our...

- 🍃 Spring Plant Sale -
a wide range of plants at bargain prices
- 🍃 Quiz Evening -
enjoy a tasty supper and test your knowledge
- 🍃 Summer Barbecue -
a chance to relax on a long hot summer's evening



On allotment sites

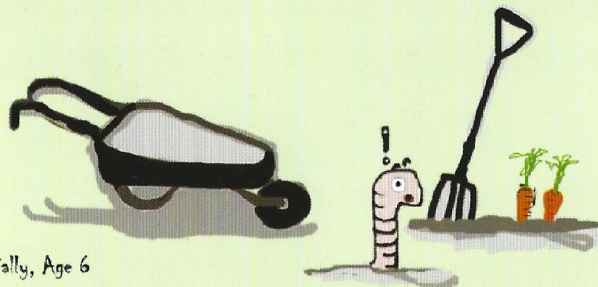
We have a LEAF representative on many of the Borough's allotment sites who can help you find an allotment and offer advice on choosing and renting a plot. We liaise with Harrow Council on policy relating to allotments. We also work on preserving, maintaining and improving allotment sites within the Borough.



Harrow in LEAF Show

Since 2005 we have organised, on each August Bank Holiday weekend, a Show that takes place at the Headstone Manor Site, in association with the Harrow Museum and Heritage Centre. As well as a Horticultural Show there are community, craft and trade stalls, and activities for all the family.

If you would like to join Harrow in LEAF, take part in or help at the show, or just seek further information, please contact us. Details can be found on the back of this leaflet



Sally, Age 6